

# "The Trade Idea" - Individual\_Buy Forex

2025/06/10

**DO NOT BUY  
THE FIRST DIP**

Plan your Trade !!

**Trading Quiz :** Think about the following ! Why not profit from both a trend correction or continuation, whilst benefitting from volatility [by incorporating **Swing Trading** with multiple sell orders and profit levels]



Momentum % (75 day)

-5.35%

Share Code  
USDPLN

Global Instrument

United States Dollar - Poland Zloty

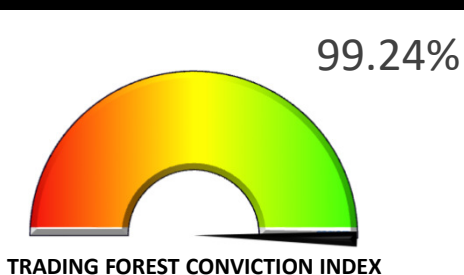
Foreign Exchange Market

Forex

Date

Price

TradingForest\_Conviction  
Index



99.24%

Follow our  
Guided Trading  
Levels

Dual Trading Strategy Approach

Medium  
Term : Price  
Target

4.1323

Expected Medium Term Correction

10.22%

Swing  
Trade  
Guidance:

Swing Trading  
Recommended

Current Price

(1st) \_Buy\_Order

(2nd) \_Buy\_Order

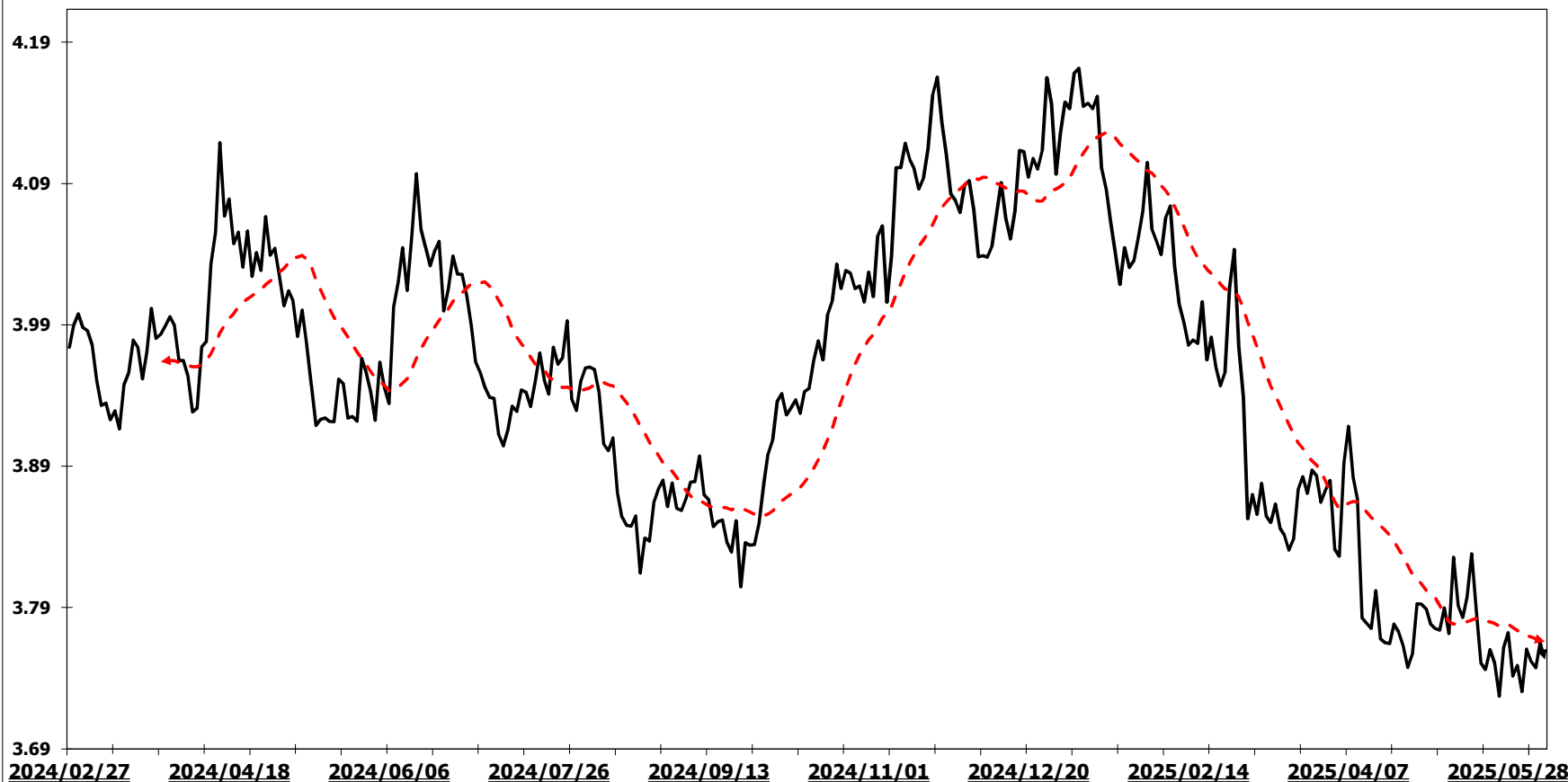
(3rd) \_Buy\_Order

Current Price vs Buy Order

THE ART OF TRADING  
IS KNOWING WHAT TO IGNORE

→USDPLN vs PRICE

↔ 21 per. Mov. Avg. (USDPLN vs PRICE)



2025/05/15	3.7934
2025/05/16	3.8241
2025/05/19	3.7841
2025/05/20	3.7470
2025/05/21	3.7422
2025/05/22	3.7562
2025/05/23	3.7467
2025/05/26	3.7233
2025/05/27	3.7576
2025/05/28	3.7682
2025/05/29	3.7375
2025/05/30	3.7450
2025/06/02	3.7265
2025/06/03	3.7566
2025/06/04	3.7478
2025/06/05	3.7434
2025/06/06	3.7613
2025/06/09	3.7492

3.7492

Trade : Discount / Premium to Current Price

3.7050

1.19%

Plan your Trade

(1st) \_Profit\_Level

3.7328

3.6762

1.99%

Plan your Trade

(2nd) \_Profit\_Level

3.7130

3.6474

2.79%

Plan your Trade

(3rd) \_Profit\_Level

3.7022

1.19%

Stop\_Loss : Guidance

3.5659

Premium to Buy  
Order

Note to the  
disciplined  
Trader

Initially divide your trade into 2 Parts : Medium Term Trade with a price target and Swing Trades with 3 trading levels [33%].

Re-evaluate your trade every 5 days. Refer to the length of time between the current date and the trade alert.

(Technical indicators play an important role the longer the time period in observing the strategy)

For more Trading ideas: Educational  
content and Videos visit  
[TheTradingForest.com](https://thetradingforest.com) to enhance  
your trading skills and experience.